



## Intimacy After Childbirth: Customer Resources

The Boston Women's Health Book Collective. *Our Bodies, Ourselves*. New York: Simon and Schuster, 2005.

Brown, Sylvia and Mary Struck, RN, MS, CNM. *The Post-Pregnancy Handbook*. New York: St. Martin's Press, 2002.

Lindquist, Carol Ummel. *Happily Married with Kids: It's NOT Just a Fairytale*. New York: Berkley Publishing Group, 2004.

Margot, Sandra, Deborah Herman, and Tonianne Robino. *The Pregnant Couple's Guide to Sex, Romance, and Intimacy: Everything you Need to Know to Preserve your Relationship During and After Pregnancy*. Citadel Publishers, 2002.

Nordin, Rhonda Kruse. *After the Baby: Making Sense of Marriage after Childbirth*. Taylor Trade Publishing, 2000.

Raskin, Valerie. *Great Sex for Moms: Ten Steps for Nurturing Passion While Raising Kids*. New York: Fireside, 2002.

Riley, Laura, OB/GYN. *Pregnancy: Your Ultimate Week-by-Week Pregnancy Guide*. Iowa: Meredith Books, 2006.

Salazar, Linda. *Parents in Love: Reclaiming Intimacy after Your Child is Born*. Kystar Publishers, 1998.

Savage, Jill. *Is There Really Sex after Kids?* Michigan: Zondervan, 2003.

Semans, Anne and Cathy Winks. *The Mother's Guide to Sex: Enjoying Your Sexuality Through All Stages of Motherhood*. Three Rivers Press, 2001.

Snellen, Martien. *Sex and Intimacy after Childbirth*. Australia, 2005.

## Online Resources

American Association of Marriage and Family Therapy: [www.aamft.org](http://www.aamft.org)

American Association of Sexuality Educators, Counselors, and Therapists: [www.aasect.org](http://www.aasect.org)

National Women's Health Network: [www.nwhn.org](http://www.nwhn.org)

The National Women's Health Information Center: [www.4women.gov](http://www.4women.gov)

National Women's Health Resource Center: [www.healthywomen.org](http://www.healthywomen.org)

Planned Parenthood Federation of America: [www.plannedparenthood.org](http://www.plannedparenthood.org)

